Who is MHA?

“Mental Health America of Greenville County promotes positive mental health for all persons in our community through advocacy, education, and service.”

- Who? What? Where?
- CrisisLine service
CrisisLine Service

- 24-7
- Confidential, non-judgmental, sounding board
- Active listening, brainstorming, resource provision, & crisis intervention
- What we DON’T do
Who Do We Serve?

- Those with mental health disorders and those in crisis.
- 1 in 4
My Experience

- My responsibilities
- A few highlights
Take-Aways

- My future
- Awareness about this population
- Self-awareness
- My recommendation