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# Live Well Greenville: Making the Healthy Choice the Easy Choice

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Making the Healthy Choice the Easy Choice

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# Greenville County, South Carolina



**66% of Greenville County Adults are overweight or obese**  
(SC Department of Health & Environmental Control, 2012)

**41% of Youth in Greenville County are Overweight or Obese**  
(Furman University Study, 2008)

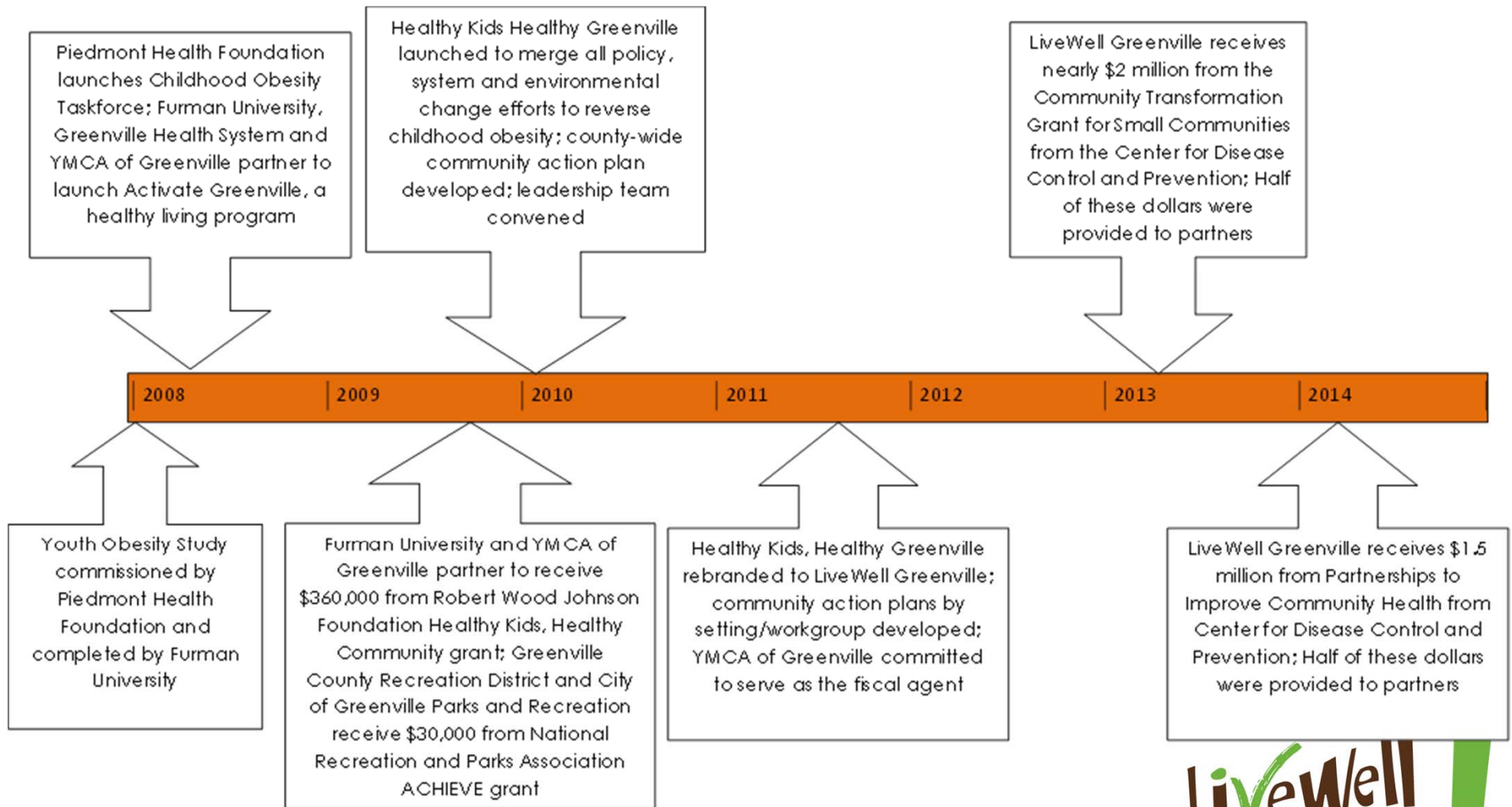


# Our Mission

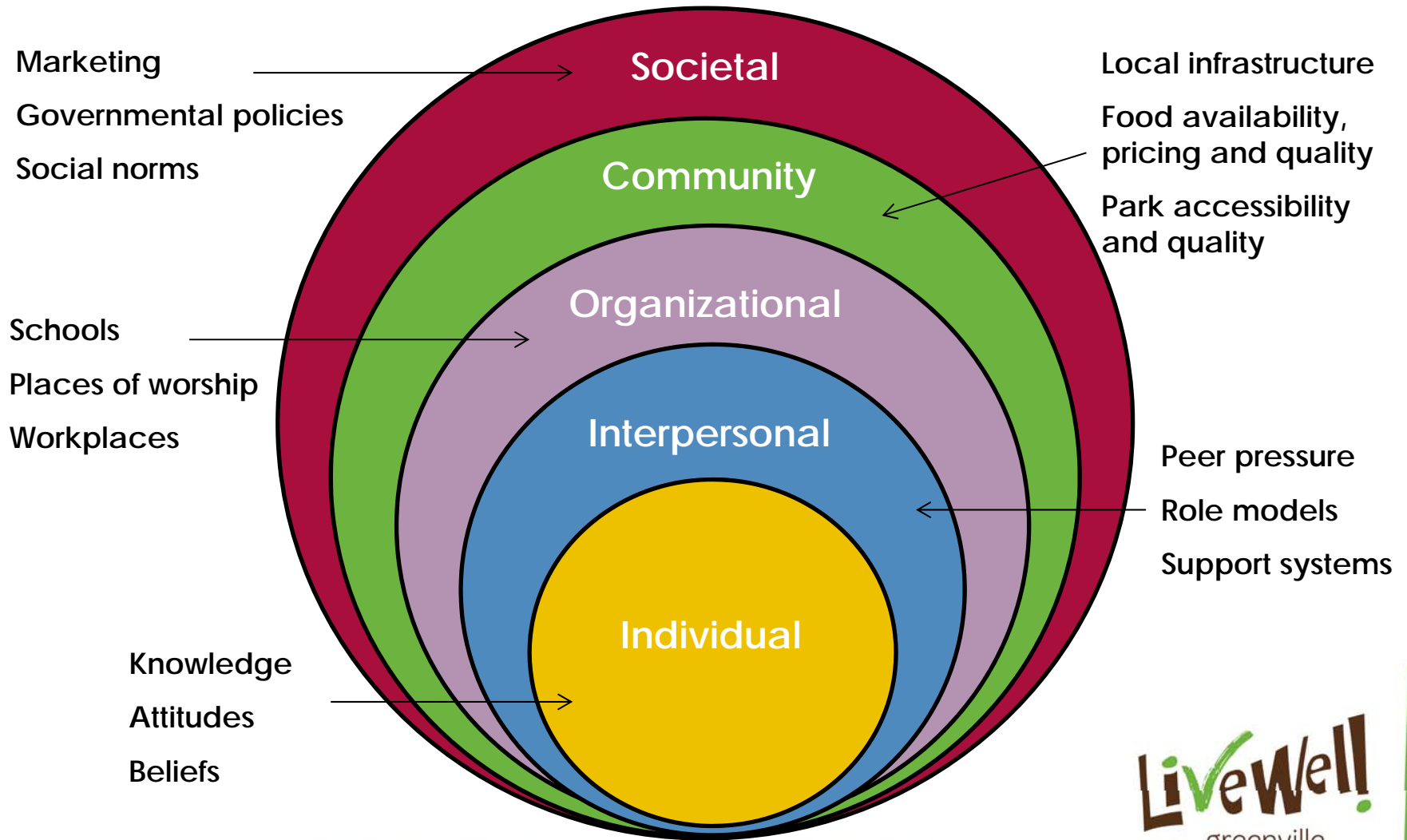
To create & maintain a healthy community through the promotion & support of **policies, systems & environments** that make the healthy choice the easy choice



# History of LiveWell Greenville



# Levels of Impact



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# LiveWell Greenville



At School



Out of School



At Work



At Worship



At the Doctor

## AREAS OF SUPPORT



Resources



Facilitation



Evaluation

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# Student Involvement in LiveWell Greenville

- LiveWell Greenville Research Fellows
- Interns
- Independent Studies





# LiveWell Greenville Research Fellows Program

- Provide undergraduate students at Furman University the opportunity to
  - gain knowledge and experience in local policy and environmental change efforts to influence obesity
  - participate in networking experiences with local non-profits and stakeholders who are working to influence change
  - obtain training in and implementation of assessment instruments



# LiveWell Greenville Research Fellows Program

- 2013-2014
  - 20 fellows and 500 hours
  - Information and training sessions conducted
  - Greenville County youth obesity study completed
  - Out of School Time pedometer study completed
  - Out of School Time EPAO study completed
  - LWG Award Designations for schools, out of schools and workplaces scored



# LiveWell Greenville Research Fellows Program

- 2014-2015

- 24 fellows enrolled
- Information and training sessions underway
- Out of School Time EPAO data coding and entry underway
- Out of School Time EPAO data collection scheduled for Spring
- Out of School Time Pedometer study scheduled for Spring
- Momentum Bike Club data collection scheduled for fall and spring
- Scoring for LWG Award Designations for schools, out of schools and workplaces scheduled for Spring



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