Full Moon Stomach

Poetry • Sarah Feingold

waning gibbous

sometimes I watch myself bolt from my house screen porch door slamming shut behind me swinging
I peel out after her, terrified of being left behind fists pumping, my sneakers squelching tearing up the marsh grass my ponytail swaying just a football field away

third quarter

my body isn't mine anymore and
I don't know how to make these legs move any faster
my thighs
scraping
past each other
turning red with the effort
my hips wider than the creek at high tide
swamping
meticulously trimmed lawns
and aquamarine pools
an ocean unbridled
seeking
her revenge

waning crescent

I'm drowning all the eddies and the tidal charts my gut busting the seams of my favorite jeans waters inching up the dams rising until they burst through every barrier built to contain them stretch marks and dimples and wrinkles and rolls changing landscapes and ecosystems and topography I used to make maps of my body but I don't think even I'd recognize them anymore.

new moon