

Student Health Services

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Furman Infirmary Intern: Spring 2017

What do I do?

- Vitals
- Furman PHOKUS
- Peer health education

Infirmary



- Patient intake
- Vitals
- Data entry
- Nurse vs. doctor



Promoting Healthy Options through Knowledge Understanding and Service (PHOKUS)



SEX. ALCOHOL. SUN. TRAVEL.

STAY SAFE DURING SPRING BREAK!

phokus
Furman University

***PICK UP YOUR
FREE KIT!**

**TUES 2/28 - THURS 3/1
NOON - 1:00PM
LIBRARY PATIO**

A hand holding a pineapple against a blue sky and ocean background.



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PHOENIX, I AM THAT GIRL, AND EREEK LIFE

Mental Health WEEK

MARCH 20-24, 2017



Monday, 3/20 | 11:45 AM to 2:45 PM
DIY TRAIL MIX AND WRITE "FEEL GOOD" NOTES @ LIBRARY STEPS

Tuesday, 3/21 | 7:00 PM
CLIP: "TAKING A STEP BACK FROM THE EDGE - A TALK ON SUICIDE PREVENTION" WITH DENNIS SILLAN @ DANIEL PESTAL HALL

Wednesday, 3/22 | 11:45 AM to 2:45 PM
DIY STRESS BALLS @ LIBRARY STEPS

Thursday, 3/23 | 14:00 PM to 5:00 PM
FREE YOGA/MINDFULNESS CLASS WITH DR. LIAM @ LIBRARY BASEMENT ROOM 042

Friday, 3/24 | 11:45 AM to 1:00 PM
DOO THERAPY AND DIY STRESS BALLS @ LIBRARY STEPS

Mental health advocacy



Strengths

- Work alongside doctors, nurses, and a nurse practitioner
- Freedom to take vitals without supervision
- Treated as a fellow nurse
- Networking opportunities

Weaknesses

- Physician Assistant vs. Nurse Practitioner
- Determining a career path
- Efficiency



Future – PA school

- Psychiatry
- Dermatology
- Emergency medicine

Takeaways

- Behind the scenes
- Nurses deserve more credit
- Internship and future opportunities
- Continued health education

